

# Pre-K

# APRIL 2024

# LIFE TIME FOUNDATION



MON	TUE	WED	THU	FRI
<b>1</b>  <b>Cesar Chavez Day</b> 	<b>2</b> Oatmeal Chocolate Breakfast Bar <hr/> Bean and Cheese Burrito Elote Corn Applesauce 	<b>3</b> Chocolate Cranberry Muffin <hr/> Chicken Nuggets Steamed Broccoli Strawberry Cup	<b>4</b> Cinnamon Bun <hr/> Chicken Alfredo Pasta Baby Carrots Pears 	<b>5</b> Whole Grain Donut Bites <hr/> Cheeseburger Tater Tots Mixed Fruit 
<b>8</b> Bagel & Cream Cheese <hr/> Chicken Drumstick Steamed Corn Applesauce	<b>9</b> Fruit Yogurt Graham Crackers <hr/> Chicken Meatballs with Marinara Cheesy Breadstick Steamed Broccoli Peach Cup 	<b>10</b> Oatmeal Apple Muffin <hr/> Homemade Pizza Baby Carrots Strawberry Cup	<b>11</b>  Chicken Sausage Pancake Sandwich <hr/> Chili Cheese Nachos Black Beans Mixed Berry Cup 	<b>12</b> Mini Waffles <hr/> Grilled Cheese Tomato Soup Pineapple 
<b>15</b> Oatmeal Chocolate Breakfast Bar <hr/> Orange Chicken with Brown Rice Edamame Beans Pears	<b>16</b> Fruit Yogurt Graham Crackers <hr/> Chicken Pot Pie Baby Carrots Strawberry Cup 	<b>17</b> Banana Chocolate Chip Muffin <hr/> Chicken Nuggets Steamed Corn Peach Cup	<b>18</b> Cinnamon Bun <hr/> Bean Tostada Spanish Rice Baby Carrots Mixed Fruit	<b>19</b> French Toast Sticks <hr/> Cheeseburger Oven Fries Applesauce 
<b>22</b> Bagel & Cream Cheese <hr/> Chicken Tenders Mashed Potatoes & Gravy Peach Cup	<b>23</b> Fruit Yogurt Graham Crackers <hr/> Walking Taco Baby Carrot Mixed Berry Cup 	<b>24</b> Hummingbird Muffin <hr/> Chicken Nuggets Baked Beans Applesauce	<b>25</b>  Chicken Sausage Pancake Sandwich <hr/> Homemade Pizza Steamed Broccoli Pears	<b>26</b> Mini Waffles <hr/> Chicken Patty Sandwich Tater Tots Strawberry Cup
<b>29</b> Oatmeal Chocolate Breakfast Bar <hr/> Bean and Cheese Pupusa Curtido (Cabbage Slaw) Mixed Fruit 	<b>30</b> Fruit Yogurt Graham Crackers <hr/> Rotini & Meat Sauce Roasted Baby Carrots Applesauce 	<h2>National Garden Month</h2> <p><b>Benefits of Gardening:</b>                      Form of physical activity, encourages a healthy diet by growing and eating fresh produce, connects you with nature, skill-building and learning!</p> <p><b>How to Celebrate:</b>                      Take a walk in your school garden, plant a seed in the garden, learn about what grows best during each season, learn about what grows best in Arizona!</p>		

## ANNOUNCEMENTS

**Daily Breakfast**  
 Breakfast Special  
 Seasonal Whole Fresh Fruit or 100% Fruit Juice  
 1% or Skim Milk

**Daily Lunch**  
 Lunch Special  
 Seasonal Whole Fresh Fruit  
 Seasonal Vegetable  
 1% or Skim Milk

Preschool will be served family style with their class to align with curriculum.

Vegetarian
 Fish
 Poultry
 Beef

**\*We serve a pork-free menu\***

**April** is...  
 National Garden Month!

April 2 Peanut Butter & Jelly Day  
 April 4 International Carrot Day  
 April 12 National Grilled Cheese Sandwich Day

## MEAL PRICES

**Osborn Students:**  
 All at no cost

**Adults/Visitors:**  
 Breakfast \$2.75 Lunch \$4.75  
 \*Cash/Check Accepted\*

Please bear with us as we deal with supply chain issues. Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020